



## *Right Care Rotating University of Best Practices Taking Action Together to Prevent Heart Attacks and Strokes*

May 2, 2011  
The Martin Johnson House  
8840 Biological Way  
La Jolla, CA 92037  
12:30 to 2:30

### **Agenda**

**12:30-12:40**

Welcome and Introductions:

**Facilitator: Jerry Penso, MD, MBA**, Chair, University of Best Practices Series, Medical Director, Continuum of Care, Sharp Rees-Stealy Medical Group

**12:40 to 1:40**

### **Bringing Evidence-Based Programs to San Diego: Healthier Living – Managing Chronic Conditions**

Kristen D. Smith, MPH, Health Promotion Manager

Charlotte Tenney, MIH, Healthier Living Workshop Coordinator

*Kristen and Charlotte are with Aging and Independent Services, a Division of San Diego County Department of Health and Human Services*

**1:40 to 2:10**

Small Group Discussions

**2:10 to 2:30**

*Report out and Sharing, Adjourn*

### 2011 California Statewide Goals—Preventing Strokes and Heart Attacks

Achieve National HEDIS 90th Percentile Targets:

70% of hypertensive patients with blood pressure controlled:  $\leq 140/90$  mm Hg

70% of patients with cardiovascular conditions with lipids controlled:  $LDL-C < 100$  mg/dL

81% of diabetic patients with blood sugar controlled:  $HbA1c < 9$

52% of diabetic patients with lipids controlled:  $LDL-C < 100$  mg/dL

Reduce Hospital Acquired infections:

Median of zero central line infections

Significantly reduce infections designated by the Right Care Initiative work group

San Diego Demonstration Goals:

Heart attack and stroke prevention focused on heart disease and diabetes patients through lipid and blood pressure management

Right Care will support medical directors of San Diego via its “University of Best Practices” luncheon series

